

Name: Kelsey Cullen

The Academy FOR DOG TRAINERS

Training Plan Assignment



Terminal: *At the baby's feeding times, the dog will target his mat in the nursery and stay there with a chew toy until the mother is done feeding (and occasionally changing the baby), even if the baby fusses and/or the mom moves around (most of the time she is in a rocking chair).*

Trials per set: 5

Push threshold: 4 or 5

Drop threshold: 2 or less (auto drop at 0/3)

Stick threshold: 3

Steps in Narrative Form		Notes and Splits
1	Complete Down from Sit plan to at least step 3 (for hand signal halfway to floor) in the nursery	<i>Splits:</i> Switch to Plan B if dog cannot be lured; switch to Plan C if dog is lure dependent
2	Complete Down Stay plan up to step 8 (6 feet away) in the nursery, using a mat to target	Only bring out mat for training sessions
3	6 feet away carrying baby	
4	6 feet away, put baby on changing table for 1 second	
5	6 feet away, put baby on changing table, undo diaper & do back up	Make sure diaper isn't actually dirty, this is not a real diaper change
6	Get up from rocking chair, walk around room with baby, undo diaper (same as step 5), return to rocking chair with baby	No pausing – keep moving at steady pace until back to the chair
7	Down-Stay on mat next to the rocking chair (trainer in chair with baby) for VI Duration (sec): 1 3 5 10 15 20 30 60 120	

8	Down-Stay on mat for 5 minutes with novel chew toy. When complete, take away chew toy (use “drop it” if dog has been trained, or trade for a high value treat). Trainer sits in rocking chair, getting up occasionally to walk around room and putting baby on changing table.	Dog won't hold a down-stay with chew toy? Give chew toy, but continue paying high value treats while fading them out in VI intervals 120, 180, 240, 300
9	For 10 minutes – Sitting in rocking chair, but walking around occasionally, and changing the diaper when needed	<i>Splits:</i> Increase time in smaller intervals – 6 mins, 8 mins; Continue giving treats on a VI schedule
10	For 20 minutes	
11	For an entire feeding time with baby, changing diaper when necessary	

Feeding time becomes the best predictor of chew toy for the dog, so the mat can be permanently left in the nursery at the end of the plan (as any targeting while baby is NOT feeding will not receive any R+), and dog will auto down-stay on mat when trainer goes into nursery & sits in rocking chair, due to Classical Conditioning.

To keep dog interested in chew toy, trainer may continue to only bring toy out for feeding time.

Training Plan

Student:

Date:

30

Plan includes all parameters: distractions – baby variables, mother movements -, distance, duration, degree of prompting

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Plan is incremental: realistic chance of dog making criteria each step

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Parameters are in production training (rate sensitive) order (distractions, distance, duration)

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Plan is efficient (not excessively splitty) and incorporates standard down and down-stay elements where possible

PASSED

REVISE/RESUBMIT (1)

FAILED (2)

Name: Kelsey Cullen

CER Plan Assignment



An owner would like her new puppy to enjoy car rides and also be comfortable in the parked van of the mobile groomer so she can use the mobile grooming services every couple of months (she is working separately on grooming procedures and the grooming table). Build a CER plan for these goals.

Reserve novel high value treats for each of these CER plans

Be sure to wait until **after** CS has begun before any treats or praise commence

Only move on to the next step in the plan once puppy is showing clear anticipation to the current step

Practice random pairings throughout the day – Be sure to avoid any patterns that the dog might pick up on such as time of day or time between pairings

CAR RIDE CER PLAN (Novel CS ~ No fear) – Goal: Puppy enjoys car rides

	CS	US	Extinction Ops, Onset/Offset Notes
1	Leash up puppy, approach car in driveway, stop in front of hatchback door for 2-3 seconds	Treats & Praise for ~5 seconds	Extinction Trials: If wearing a bait-pouch or using smelly treats: -Play with treats (crinkle bag, pull out treats and put back in) while setting up trials -Wear bait pouch in house throughout day with smelly food but never feeding to puppy
2	Unlatch hatch (do not open)	Praise & Treats with other hand ~ 5 seconds	Keep one hand on unlatched door until US is finished
3	Hatch open halfway	Praise & Treats with other hand ~5 seconds	Hold door halfway open with one hand until US is finished

4	Hatch fully open	Treats & Praise ~5 seconds	Keep hatch open until US is finished
5	Pick up puppy and put into car. Hatch door still open	Treats & Praise ~10 seconds	Remove puppy from car immediately after US
6	Puppy in car, hatch halfway closed (hold door throughout US)	Treat & Praise with other hand ~5 seconds	
7	In car, hatch fully closed	Treat & Praise ~10 seconds; Feed through back window while hatch is closed	Set up trial so that back window is already open before commencing this step
8	Hatch closed, trainer walks around to driver side, opens driver door	Lean inside car, toss handful of treats to puppy into back seat	
9	Trainer sits in front seat	Praise & Toss Treats ~5 seconds	Exit car as soon as puppy finishes eating treats
10	Start up car	Praise & Toss Handful of Treats while car is still running ~10 seconds	Shut off engine soon as dog finishes eating
12	Drive car to end of driveway & back	Praise & Toss treats 1 sec after car starts moving, continue until car is parked	
13	Short drive to somewhere fun	Praise & Toss treats to puppy throughout entire car ride	Start US 1-2 seconds after car begins moving
14	Short drive to somewhere fun	Only happy talk while driving	Treats no longer needed, as puppy learns that car rides predict going somewhere fun. Essentially, the “somewhere fun” becomes the US.
14	Short drive to store	Happy talk & Stop somewhere fun on the way home	

15	Longer drives	Stop somewhere fun along the way	Continue taking puppy for regular car rides, whether running errands or just taking him to dog park. Always make one stop just for the puppy – ie. Pet store, dog park. If no time to stop somewhere fun, keep special treats in car and feed at random time throughout drive
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Grooming Van CER Plan (Novel CS ~ No fear) –
Goal: Puppy is comfortable inside the parked mobile grooming van

- Groomer van is much larger than family car, the back doors open sideways instead of upward, and inside of the van is filled with grooming supplies, so we are going to treat the van as a novel stimulus, and not assume the puppy can generalize between the car and van. If the puppy does, in fact, form a generalization, then the first few steps in this plan should go quickly if the Car CER plan has already been done (recommended, but not mandatory as a pre-requisite).
- The groomer has kindly offered to stop by the house a few times per week for a few minutes at a time to work on this plan, as she knows how much this CER training will benefit her when she eventually begins to groom this puppy.
- Although it wasn't specifically in the owner's criteria, I thought it was important for the first step to be meeting the groomer, and for the groomer to be feeding the treats throughout the plan, so the puppy will build a +CER to the groomer as well as the van.

	CS	US	Extinction Ops, Onset/Offset Notes
1	Groomer comes to door	Treats, Praise, & play session with groomer ~10 seconds	Groomer gives the treats & praise in each step so puppy learns to like Groomer (and her hands)
2	Groomer comes to door, leashes up puppy, walks puppy out to van, stop	Treats & Praise ~5 seconds	Optional: Owner goes with them if puppy is uncomfortable going alone

	at back door for 2-3 seconds		with groomer
3	Groomer Unlatch back door	Praise & Treats with other hand ~ 5 seconds	Keep hand on unlatched door until treats & praise stop
4	Groomer opens one back door	Praise & Treats ~5 seconds	
5	Groomer opens both back doors	Treats & Praise ~10 seconds	Keep doors open until treats & praise stop
6	Groomer climbs into back of van	Feed treats from van to puppy, who is still on ground ~10 seconds	Either the groomer still holds onto leash, or owner holds leash and stays on ground with puppy
7	Groomer picks up puppy and carries into back of van with groomer	Treats, praise, and play with puppy ~10 seconds	Remove puppy from van immediately after US
8	Puppy in van with groomer, one door closed	Treats & Praise ~5 seconds	
9	In van with groomer, both doors closed	Treats, Praise, & Play ~10 seconds	

CER Plan

Student:

Date:

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Plan is incremental and pads puppy thoroughly

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Contingency is S-S, not R-R and order of events is clear

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O/S and blocking risks are reasonably accounted for

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Plan is not excessively splitty (no existing problem)

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Use of fun places as natural US for car rides

PASSED

REVISE/RESUBMIT (1)

FAILED